## EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

## Presenter Bio

Please include your full name, credentials, degrees and information about your position and place of employment. Please send a copy of your CV along with this completed form.

**Dr Susan Van Cleve** is a Pediatric Nurse Practitioner (PNP) and a Pediatric Mental Health Specialist (PMHS) who has extensive experience working with children and families in primary care settings as well as with children with disabilities and mental health disorders. She has been involved in teaching in nurse practitioner programs for over 30 years. Her current clinical position is as a PNP and PMHS in the UPMC Children's Community Pediatrics Castle Shannon and McMurray offices where she provides behavioral health care, providing comprehensive assessment and treatment to children and teens with developmental, behavioral, and mental health disorders. She lectures extensively in international, national, regional, and local settings on clinical topics such as ADHD, autism, anxiety and depression, OCD (obsessive compulsive disorder), and the role of nurse practitioners in the integration of mental health into pediatric primary care. Her publications focus on the integration of mental health and clinical behavioral topics.

**Holly Gastgeb, PhD**, is a licensed clinical psychologist specializing in autism diagnosis, assessment, intervention, and research across the lifespan. She has over 20 years of experience working with autistic individuals in both clinical and research settings. Dr. Gastgeb is the Clinical Assessments Director and Lead Psychologist for the Regulation of Emotions in Autistic Adults, Children, and Teens (REAACT (Regulation of Emotions in Autistic Adults, Children, and Teens (REAACT (Regulation of Emotions in Autistic Adults, Children, and Teens or and Lead Supervise research staff and clinicians on assessments including the ADOS-2.

Name and Narrative Description of your Presentation Please determine if it is introductory, intermediate, or advanced.

Options for Autism Assessment

This session will review evidence-based options for diagnosing autism in children. The Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) is the gold standard and is well established as a diagnostic tool. Other options for making autism diagnoses will also be presented.

Intermediate

## Three (3) learning objectives

By the completion of this session, participants should be able to:

- 1. Describe Options for Autism Assessment
- 2. Describe the Evidence to Support the Use of Different Instruments for Autism Assessment
- 3. Identify How These Instruments Can Be Used in Clinical Settings

Three (3) current (within the past 10 years) *peer-reviewed* publications that support the evidencebase for the content of your presentation

Publications must be listed in American Psychological Association (APA) Style (see <u>www.apastyle.org</u> for more information).

APA format for journal article citation:

Author last name, Author First Initial. Author Second Initial. (Publication Year). Title of article. *Title of Journal.* volume(issue) (if issue numbered), pages.

Hyman SL, Levy SE, Myers SM, AAP COUNCIL ON CHILDREN WITH DISABILITIES, SECTION ON DEVELOPMENTAL AND BEHAVIORAL PEDIATRICS. Identification, Evaluation, and Management of Children with Autism Spectrum Disorder. Pediatrics. 2020;145(1): e2019344.

Lipkin, Paul H., et al. "Promoting optimal development: identifying infants and young children with developmental disorders through developmental surveillance and screening." *Pediatrics* 145.1 (2020).

Lord, Catherine, et al. "The Lancet Commission on the future of care and clinical research in autism." *The Lancet* 399.10321 (2022): 271-334.

Hirota T, King BH. Autism Spectrum Disorder: A Review. JAMA. 2023 Jan 10;329(2):157-168. doi: 10.1001/jama.2022.23661. PMID: 36625807.

